

# Your Coaching P.L.A.N.

## Monthly Goal Sheet:

Monthly Potential Booking Goal: \_\_\_\_\_ Monthly Paid Booking Goal: \_\_\_\_\_

I will contribute \_\_\_\_\_ hours towards building my business.

\_\_\_\_\_ Legalize Company Name

\_\_\_\_\_ Purchase Email

\_\_\_\_\_ Purchase Domain

\_\_\_\_\_ Purchase Business Cards

\_\_\_\_\_ Produce Content

\_\_\_\_\_ Create Coaching Packages/Pricing

How many sessions will you book this month? \_\_\_\_\_

Join the team- Recruit \_\_\_\_\_

PREPARE	LEARN	APPLY	NON-NEGOTIABLE
How many people will I push this month?  What is my financial goal this month?	Who do I need to connect with to reach this goal? 1. 2. 3. 4	What source of networking will I apply to reach this goal? Direct Contact ,Social Media, Email, locations/events 1. 2. 3. 4.	Areas that may cause a distraction from meeting my goals. 1. 2. 3. 4.
My booking techniques are: 1. 2. 3. 4.	I need to follow up with _____ to confirm their experience. 1. 2. 3. 4.	Here are my action steps to reach this goal? 1. 2. 3. 4.	I will defeat my distractions by doing; 1. 2. 3. 4.
Deadline	Deadline	Deadline	Goal Accomplished <input type="checkbox"/> Yes <input type="checkbox"/> No

If no, describe why,	If yes, describe your experience,
List areas of opportunity (what can I do differently) 1. 3. 2. 4.	How many sessions did you book? _____ How many total bookings? _____ How many people did you push? _____ How many complimentary Discover Calls did you make? _____
What could I do to make bookings better?	

*Plan for the success you desire!*